

## **Nebraska Children's Commission – Psychotropic Medication Committee**

Second Meeting

October 10, 2012

2:30-4:30PM

BryanLGH West – Hospital Cafeteria, Private Dining Room  
2300 South 16th, Lincoln, NE

### **Call to Order**

Jen Nelson called the meeting to order at 2:37pm and noted that the Open Meetings Act information was posted in the back of the room as required by state law.

### **Roll Call**

Subcommittee Members present: Jennifer Nelson, Candy Kennedy-Goergen, Pam Allen, Beth Baxter, Amanda Blankenship, Sara Goscha, Carla Lasley, Gary Rihanek, Blaine Shaffer, Kristi Weber, and Vicky Weisz.

Subcommittee Members absent: Norman Langemach, Kayla Pope, and Gregg Wright.

### **Approval of Agenda**

A motion was made by Blaine Shaffer to approve the agenda as written, seconded by Pam Allen. A unanimous voice vote of members present was received. Norman Langemach, Kayla Pope, and Gregg Wright were absent. Motion carried.

### **Approval of September 25, 2012, Minutes**

Carla Lasley noted that a typo was found in the draft minutes. The phrase “second options” in the third line of the **General Discussion** paragraph should be “second opinions”.

A motion was made by Beth Baxter to approve the corrected minutes of the September 25, 2012, meeting, seconded by Carla Lasley. A unanimous voice vote of members present was received. Norman Langemach, Kayla Pope, and Gregg Wright were absent. Motion carried.

### **474 NAC Chapter 11 General Discussion**

The group reviewed 474 NAC Chapter 11 which addresses Informed Consent for Medical Diagnosis and Treatment; Medical Decision Making; and Parental Objections to Medical Care and Treatment. The group used this information to continue the discussion on various categories of issues that may need to be addressed in the recommendations the committee will make to the

Nebraska Children's Commission regarding the prescription of psychotropic drugs. The committee discussed various other States policy documents and shared resources that each committee member had found helpful in their individual review of the issue. The committee also discussed the need for additional cross-training of all workers and the need for awareness of this issue. A suggestion was also made that the use of peer reviews and information hotlines might also be helpful.

The committee decided to review the American Academy of Child and Adolescent Psychiatry (AACAP) Guidelines; research what type of training is being provided on trauma and the use of psychotropic medications; and to request additional data from DHHS for review at the next meeting.

The committee decided that recommendations for the Nebraska Children's Commission would be compiled and finalized at the next meeting.

### **Next Meeting Date**

The next meeting is scheduled for November 6, 2012 from 2:00pm to 4:00pm at BryanLGH West.

### **Adjourn**

A motion was made by Carla Lasley to adjourn the meeting, seconded by Jennifer Nelson. The meeting adjourned at 4:33pm.